

10 WAYS TO FEEL LIKE CRAP AS A TRAINER



1

TAKE RESPONSIBILITY FOR ALL YOUR PARTICIPANTS' PROBLEMS

COMPARE YOURSELF TO OTHER TRAINERS

2

3

EXPECT BIG ORGANISATIONS OR EUROPEAN POLICIES TO CHANGE FAST

ASPIRE TO BE AN EXPERT IN EVERY TOPIC

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5

NEGLECT IMPORTANT PERSONAL RELATIONSHIPS BECAUSE OF WORK

BOOK SEVERAL PROJECTS ON A ROW

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7

IGNORE YOUR PERSONAL GROWTH

WORK WITH NO CONTRACTS OR IN LEGAL GREY AREAS

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9

BE ALWAYS AVAILABLE FOR YOUR COLLEAGUES, PARTNERS AND CLIENTS

IGNORE CULTURAL DIFFERENCES IN WORK CONTEXTS

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